

*I am not pushed by my
problems.*

I am led by my dreams.



I am not defined
by my past;

**I am driven by my
future.**



I accept myself
for who I am and
create peace,
power, and confidence
of mind and of heart.

*I am constantly growing
and evolving into a
better person.*



I am independent and
self-sufficient.



*I am an unstoppable
force of nature.*



I believe in my
dreams, myself,
and all I am.



I am courageous,
and I stand up for
myself.



I am worthy.
**I am loved.
I am enough.**

