Rx Racial Healing: Action Required for All Communities

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RX RACIAL HEALING: ACTION REQUIRED FOR ALL COMMUNITIES

Dr. Gail C. Christopher
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“Health is the measure of the degree to which a society delivers a good life to its citizens.”

Sir Prof. Michael Marmot Chair WHO Commission on Social Determinants of Health
Factors that Affect Health

- Smallest Impact
  - Counseling & Education
  - Clinical Interventions
  - Long-lasting Protective Interventions
  - Changing the Context to **make individuals’ default decisions healthy**
  - Socioeconomic Factors

Examples

- Eat healthy, be physically active
- Rx for high blood pressure, high cholesterol, diabetes
- Immunizations, brief intervention, cessation treatment, colonoscopy
- Fluoridation, 0g trans fat, iodization, smoke-free laws, tobacco tax
- Poverty, education, housing, inequality
Child Population

The United States is reaching a tipping point in racial and ethnic diversity as children of color will be a majority by 2020.

- There were 73.6 million children in the U.S. in 2016, 23 percent of the nation’s population. The child population has increased every year over the past 50 years.

- In 2016 children of color made up 49 percent of all children and the majority of children under 5.

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Child Poverty

Children remain the poorest age group in America; children of color and young children are disproportionately poor.

- Nearly 1 in 5 children were poor in 2016—more than 13.2 million children. Nearly 70 percent of poor children were children of color. About 1 in 3 Black and American Indian/Alaska Native children and 1 in 4 Hispanic children were poor compared with 1 in 9 White children.

- The youngest children are the poorest. Nearly 1 in 5 children under 6 were poor in 2016.

ABOUT 3 MILLION CHILDREN LIVE IN FAMILIES TRYING TO SURVIVE ON

$2 / DAY PER PERSON
A Program of the Ntianu Garden: Center for Healing and Nature

TRHT Framework

Narrative Change

Racial Healing and Relationship Building

Separation
(Segregation & Concentrated Poverty)

Law
(Civil, Criminal & Public Policies)

Economy
(Structured Inequality & Barriers to Opportunity)
“Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that.”

Rev. Martin Luther King, Jr.